CDJL



Informal Learning Patterns Result 2.4

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

COOL project production (CC-BY-SA)



This document is published under Creative Commons Attribution-ShareAlike 4.0 International License (https://creativecommons.org/licenses/by-sa/4.0/) and has been created as a part of the project COOL "Competence Oriented Open Learning)", coordinated by BUPNET, Germany in partnership with Caminos (Spain), CESIE (Italy), EINC (Lithuania), Folkuniversitetet (Sweden), INSUP (France), from November 1st, 2021 until October 31st, 2023, and funded by the European Union under the Erasmus+ Programme, under the contract number: 2021-1-DE02-KA220-ADU-000026681.





Table of Contents

1.	Informal learning patterns	3
	Explanatory and informative ILP	
3.	ILP related to personal support	.11
4.	ILP related to leisure time, culture and sports	. 15
5.	ILP in Private Life	.25
6.	ILP in Civic Life	.32
7.	ILP in Professional or Educational/Training Contexts	.38
8.	ILP Related to ICT	.47
9.	ILP on mobility	.53



1. Informal learning patterns

How can informal ("unplanned") learning be improved without "formalising" it too much?

We developed a new planning device as counterpart to "instructional design patterns" that are used in formalised learning.

Basing on the concept of the Göttingen Katalog Didaktischer Modelle" (GKDM¹) for formal and non-formal learning a new planning device for informal learning has been developed.

The approach is based on the idea that similarities in the vast variety of informal learning offers can be detected. Derived from these clustered similarities so called "informal Learning Patterns" can be established and described according to principles, actors, specific learning activities, impact on competence development and suitable assessment methods.

The evolving database has been connected reference projects that are available on the websites related to LEVEL5 to deliver recognition patterns for stakeholders in the field.

Please note that this Inventory is based on a competence definition which explains competence as the ability of a person to apply a mixture of knowledge, skills and attitudes/values in a specific situation and a specific quality (level).

Hence the 3 dimensions "knowledge, skills (activities) and attitudes (emotions/values) are crucial to outline the effect and impact of the informal learning on the competence development.

We are aiming to expand the models into planning devices of practical (situative) learning in which learners develop their competences rather informally along practical requirements and "challenges" and problems and assignments that they have to tackle in (professional) real life situations.

The growing inventory of "informal learning patterns" will be a useful instrument for stakeholders from practical projects to informal school projects to try new ways of informal learning in their projects.

The ILP refers to experts in the field (for instance to the responsible persons in grass-root projects, HR managers or to teachers/trainers who plan rather informal activities of their students/learners in real life situations). It is a help tool to identify good informal learning practice, to transfer the experience in own context and to describe the learning processes in their projects accordingly.

The patterns are illustrated with first micro-project examples.

They have been and will be continuously presented on the REVEAL portal as stimulation for potential future users.

Contributors are warmly welcome to add new ILPs and to contribute to our knowledge base of informal learning.

On the last page there is an empty pattern which you can use for the patterns that you discovered...



¹ For more information please retrieve: http://www.blinc-eu.org/uploads/media/Toolbox_on_GKDM.pdf

No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
2. I	Explanatory an	d informative ILP					
1	Artefakt (e.g. technical device, machine)	Artificial objects may have genuine functions for learning about and with them, the may be self- explanatory. Many things we do are developed on closer examination of details and their mechanisms.	producer, acting person, player	looking, trying out	ACT-NET project: CUBE model -> reduction of complexity	Knowledge : Understanding functionalities by an artificial haptic model, know how creation and deeper understanding Active: Trying out, activation Affective: Creation of curiosity	observation, questioning, tasks



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
2	Model	Demonstration models build a (mostly simplifying) copy of a reality for reasons of explanation or insight	producer, acting person, player trainer trainee visitor	looking, trying out Rather holistic learning	PROGRASS project, demonstration prototype Reduction of size of the final plant	Knowledge: Understanding functionalities by small size models, know how creation and deeper understanding Active: Trying out, activation, application and exercise Affective: Creation of curiosity	observation, questioning, tasks,





No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
4	Book, script (Learning from a book knowledge gained from reading or study rather than from practical experience One could differentiate narrative and expository literature. The first one relates to "story telling", the second to describing or discussing a specific theme	author, reader designer (if pictures or grafs if any)	Reader: Reading Eventually discussing or even taking notes Writer: Gathering information Discussing information and plot Writing	Any book Teachers help students use popular children's books to learn key language arts skills such as comprehension, sentence writing, nouns, verbs, synonyms, antonyms, contractions. http://www.pictureb ooklearning.com/	Knowledge : Knowledge and Understanding on the theme Active: No impact Affective: Perspective change, empathy for the main persons in a book, no self regulation	test, essay,# discussion



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
5	Handbook, manual	Collection of information with explanations, pictures, schemes, giving insight into functions, processes, regulations	author, reader	Reading Applying Cross-checking Rather sequential learning (step by step)	LEVEL5 Handbook, INTERTOOL guidance	major impact on the cognitive dimension (knowledge and understanding) Cognitive: Understanding a specific content that is explained by the advisor Active: Affective: Dependent of the content; eventually change of perspective	Observation during application Tests may be included



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
6	Operating instructions,,,, job- aid" Flow Chart	With the technical and scientific progress innumerable amounts of operation instructions have to be produced and used. Technical devices, how to use a stain-remover, how many pills and under which circumstances are some of the needs that we are confronted with. A job-aid is a shortened version for those, who have an orientation of handling the thing, but must be helped in doing it in the right order, e.g.	author, reader	Reading Applying Cross-checking Rather sequential learnrg (step by step) R2.4 Informal Learnin	Flowchart in LEVEL5 http://www.advance djobaidsntraining.co m/c-5-job-aids- tips.aspx http://www.qaproje ct.org/jobaids/prese ntations/Moore - How to Write a Job Aid.pdf Comparing job aids to instruction in courses: http://blog.cathy- moore.com/2010/12 /the-anti-course-an- instructional-job- aid/ How to Create a Job Aid: http://www.ehow.co	major impact on the cognitive dimension (knowledge and understanding) Knowledge: Understanding a specific content that is explained Practicing, reading, checkingActive: Practicing according to the flow chart Affective: 	Usage Test Observation of usage Questions (asking for success)

No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
7	"Belehrung" Advice, Instruction, explaining	Learning through informal instruction/explanation in the context of acting out. People can give advice to others or can ask for advice by others. "Advice (also called exhortation) is a form of relating personal <u>opinions</u> , belief systems, personal values and recommendations about certain situations relayed in some context to another person, group or party often offered as a guide to action and/or conduct. Put a little more simply, an advice message is a recommendation about what might be thought, said, or otherwise done to address a problem, make a decision, or manage a situation." http://en.wikipedia.org/wi ki/Advice_(opinion)	advisor, instructor, trainer learner	listening, looking	Trainer explains specific exercises to learners Trainer explains how to behave in intercultural contexts This is a website for giving and receiving advice: http://www.advice.c om/	Knowledge: Major impact on the cognitive dimension (knowledge and understanding) Understanding a specific content that is explained by the advisor Active: Affective: Dependent of the content; eventually change of perspective	feed-back, questions, observation of usage.



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
8	Newscast, newspaper	Learning from actual messages, the continuity has to be established by the viewer. Newspapers report messages about different kinds of life, esp. political, social, economic, cultural life.	author, speaker, audience Publisher, author, distributor, reader	listening/viewing Reading, discussions with others about the articles, writing a reader's letter to the editor	We can learn from newspapers: http://www.gooddo cuments.com/philos ophy/newspapers.ht m Make a Classroom Newspaper: http://www.enchant edlearning.com/new spaper/ http://www.comput erwoche.de/heftarc hiv/1980/14/118916 4/	Knowledge: major impact on the cognitive dimension (knowledge and understanding) Active: Affective: Creation of emotions rather with moving pictures	Test, questions, Interview, essay writing, group discussion



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
9	Feature	Thematically focused production like a documentary film	producer, viewer	listening viewing producing	Feature about the PROGRASS project broadcasted in TV	Knowledge: major impact on the cognitive dimension (knowledge and understanding) Active: Affective: Creation of emotions rather with moving pictures	Test, questions, Interview, essay writing, group discussion



No	Pattern	Description	Actors	Learning activities	Example Proj.	Impact on 3D	Assessment
10	(Information) stand	Learning from a set of information which can be read within a short time, with further information on demand (brochure, talk to an expert, e.g.) Pool of information in different formats (posters, presentations, brochures, leaflets and competent personnel) compiled in a specific environment: May be part of a -> fair or exhibition	facilitators, producers designers content producers visitors	Viewing, Watching, listening, explaining Discussing	CESO Promotion stand of "CAN DO"	Knowledge: major impact on the cognitive dimension (knowledge and understanding) Active: Affective: Curiosity, perspective change	essay, discussion, observation, short test (questions on exposed information)
		J-00002668	Co-funded by the European Union		Page 9		







3.	ILP related to p	personal support					
11	Person as model "Idol"	"Idol": person as model Imitation (observational, model) learning plays a very important role in human development and can be seen as a basic form of learning (Albert Bandura). In traditional cultures it is a major source for learning and development of children. It takes place through observation (which means, the learning person is passiv and observes), but it can also be initiated by the learning person himself, by questioning or even through provocations (think of a child who hurts a family rule and looks what will be the reaction of the parents). Learning from a person as a model and idol is a rather complex form of learning, it implies not only opinions, argumentations etc. but also ways of expressive behaviours, like moving, making gestures etc.	acting person, looking person	acting person, looking person Learning activities looking, asking/answering, imitating		Knowledge: Understanding and knowledge creation rather as side effect Active: Imitation (level 2) Affective: Perspective taking	observation, questioning



12	Coaching	"The coach is there to provide bespoke personal development, to listen to your requirements, to answer your questions, to challenge you, to inspire and encourage you." <u>http://www.ldl.co.uk/lead ership-management- training.htm</u> A person's present, in order to help them design and act toward the future. While positive feelings may be a natural outgrowth, the primary focus is on creating actionable strategies for achieving specific goals in one's work or personal life. The emphasis in a coaching relationship is on action, accountability and follow through	coach (expert), learner	Advising, listening to advice, questioning, giving tasks, discussing activities.	CESO evaluation of the Can Do projects (neighbourhood community development with coaching)	Knowledge: Understanding a specific content that is explained by the coach Active: If successful "discovering" activities, change of behaviour and action Affective: Change of perspective and attitude towards a specific topic Motivation to take action	essay, discussion, questions, observation,
----	----------	--	-------------------------------	---	---	---	---





Learning/teaching on occasion of other reasons, e.g. getting/giving information on an illness. or to receive information and advice on legal or financial issues

The difference between coaching and counselling is very difficult to draw. In psychology the counsellor acts more like a therapist and relates to the personal issues of the client (patient) whereas the coach is rather tackling organisational questions. The look of a counsellor id more focused on the past and the personality, the coach rather concentrates on the abilities. Counselling is more

directed in the improvement of the personal situation

,	counsellor (expert in the field(e.g. medical doctor)),	Providing information on the topic of advice, listening, questioning.	httı oac ng- cou ws?
	learner, client/patient as learner counsellor,		200
S	person seeking advice		
il			
I			
;			

tp://www.ferocec Knowledge: ching.com/coachi Understanding a -andtheoretical background unseling.html#Fla Active: %20in%20Most% If successful Distinctions "discovering" activities, change of behaviour and action Affective: Change of perspective and attitude towards a specific topic Motivation to take action

und observation, questions discussions change of behaviour ies, r and s s a action







4.	ILP related to I	eisure time, cultu					
14	Performance (theatre,	Seeing a complex situation as play, often with a clarifying intention (epic theatre, e.g.)	author, producer, visitor, audience actor	listening, exercising collaborating viewing	The Polish Theatre project (CKU)	Knowledge: Understanding the contents of the play Active: Just visiting Affective: Creation of empathy for the characters	Observations, group discussions, questions
15	Exhibition	Learning in a situation with exposed objects	producers of exhibits, producers of exhibition visitors guides	looking, reading, asking discussing	Exhibitions during the REVEAL conferences Documenta exhibition	Knowledge : Understanding the content matter of the exhibitions Active: Actively visiting, actively looking for more information on the content matter, Affective: Curiosity, self regulation in case of unknown exposés	Observations Discussions with the viewers Guest books

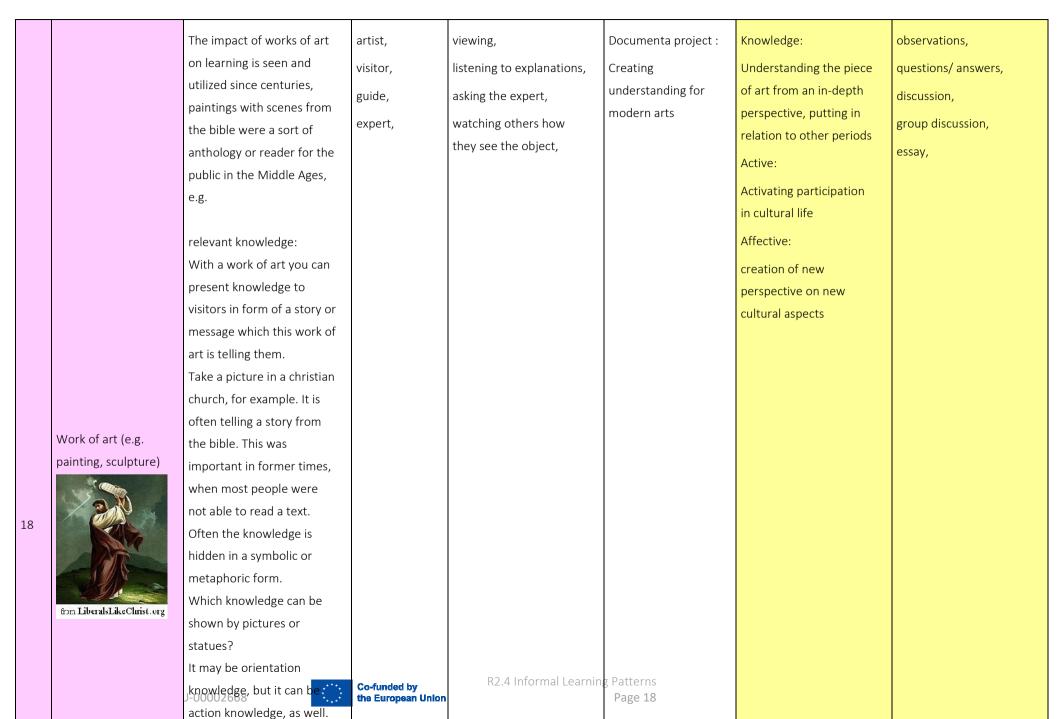


16 Fair	Learning in a situation with common bargaining processes	producers of objects, designers of stands, visitors	Discussing Bargaining Looking, informing Selecting what is interesting Experiencing exchanging	CEBiT any kind of fair Regional learning fairs	Knowledge: Understanding the content matter of the exhibitions Active: Actively visiting, actively looking for more information on the content matter, Affective: Curiosity, self regulation in case of unknown exposés	Observations Feed-back- Questionnaires Interviews Guest books Evaluations of organisers
---------	--	---	--	--	---	--



17	Festivity, festival	Learning in a situation with common artistic processes	authors of plays/pieces, producers of stages, visitors, audience	Looking, listening, exchanging with others Selecting what is interesting	Hässelholmen Festival of the Swedish partner	Knowledge: Understanding the content matter of the exhibitions Active: Actively visiting, actively looking for more information on the content matter, Affective: Curiosity, self regulation in case of unknown exposés	Observations Questionnaires Interviews
----	---------------------	---	---	---	--	---	--





Club (music, sport etc.) 19 Sector Se	others from a common (point of interest.	(interest group) Group leaders	Practical activities Informing if certain activities, contributions or tools are new Showing and discussing certain routines/techniques to others Joining special groups of like minded persons Creating new techniques Exchanging ideas and interests, reinforcing ideas	http://www.instruct ables.com/tag/type- id/category-living/	Knowledge: Understanding certain new routines, creating and developing knowledge on the content matter Active: Carrying out the activity, maybe first imitating, later taking over the role, joining special groups exchanging on news and certain aspects Affective: Getting a personal relation and an attitude towards the new activity, understanding those who practice Regulating and influencing oneself and others	Observations, Discussions Plays Presentations events
--	--	--------------------------------------	--	---	---	--

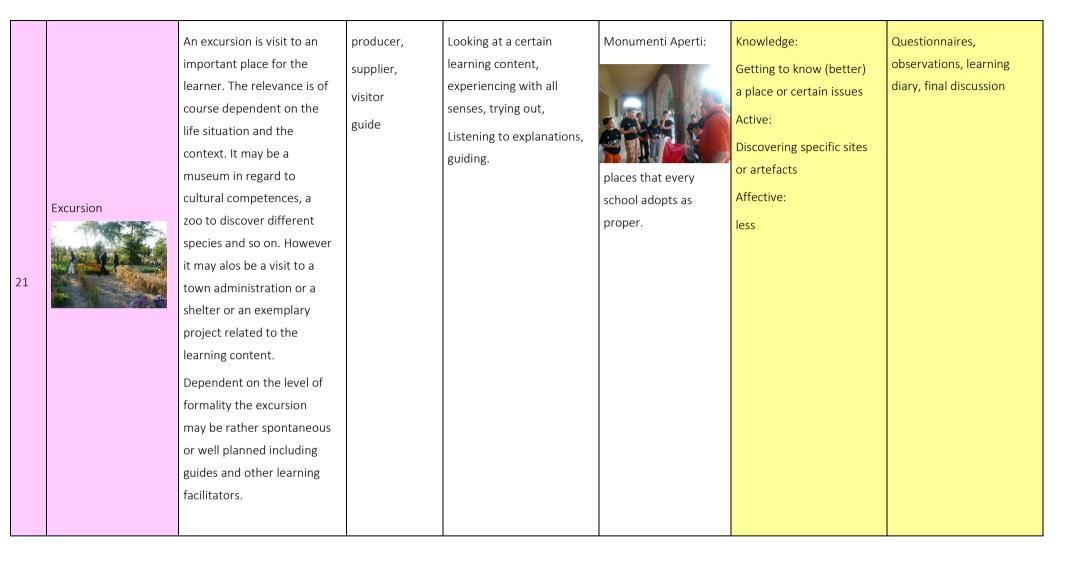




Interview, test,

questionnaire,

observation







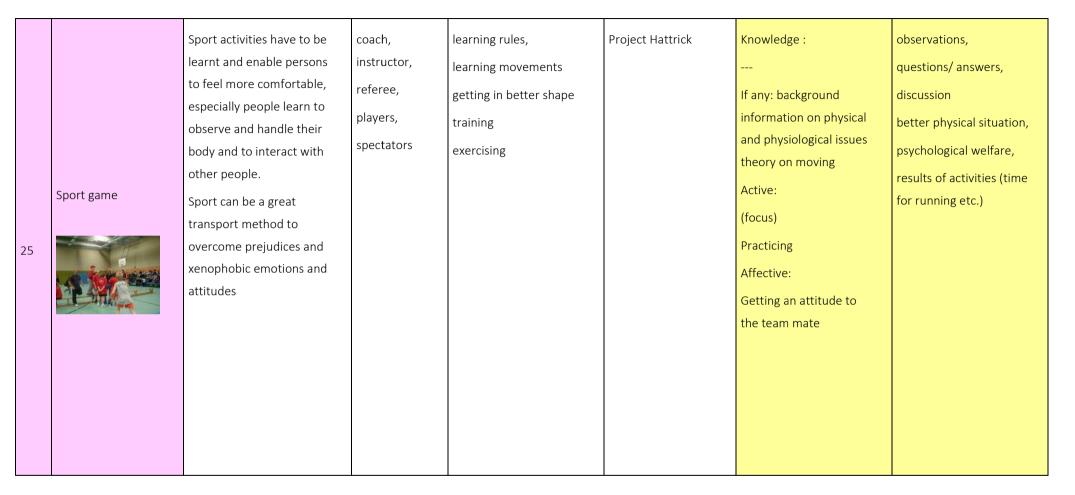
23 Club (music, sport etc.) 23	others from a common (interpoint of interest.	iterest oup) oup leaders	Practical activities Informing if certain activities, contributions or tools are new Showing and discussing certain routines/techniques to others Joining special groups of like minded persons Creating new techniques Exchanging ideas and interests, reinforcing ideas	http://www.instruct ables.com/tag/type- id/category-living/	Knowledge: Understanding certain new routines, creating and developing knowledge on the content matter Active: Carrying out the activity, maybe first imitating, later taking over the role, joining special groups exchanging on news and certain aspects Affective: Getting a personal relation and an attitude towards the new activity, understanding those who practice Regulating and influencing oneself and others	Observations, Discussions Plays Presentations events
---	---	--------------------------------	--	---	---	--



24 Play	Seen under the aspect of "homo ludens"; most famous pedagogical theories and practical usage from Friedrich Fröbel and Maria Montessori "Play is the highest expression of human development in childhood for it alone is the free expression of what is in a child's soul." (Friedrich Fröbel)	author, designer, producer, player, fellow player	learning by playing	The Polish Theatre project (CKU)	Knowledge : Understanding the rules if any Active: Playing, learning in the game/play (focus) Affective: Getting an attitude to the team mate	Observations, group
---------	---	---	---------------------	-------------------------------------	--	------------------------











5.	ILP in Private L	ife					
26	Turning-point (e.g. marriage, First Communion, life crisis)	Learning and perhaps changing habits through profound events	enacting persons with different roles/function s	Perceiving the Discussing	Burn out intervention and prevention	Knowledge : Understanding the consequences of the turning point, Active: Adapting to a new situation Affective: Accepting the change in one's personal life	Observations

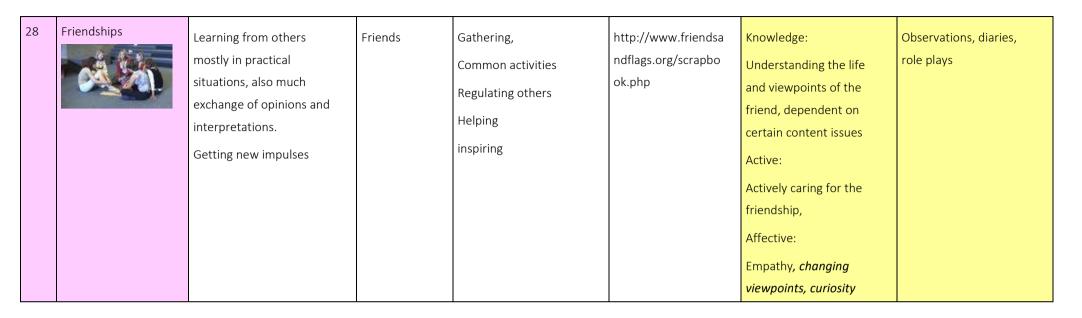


27

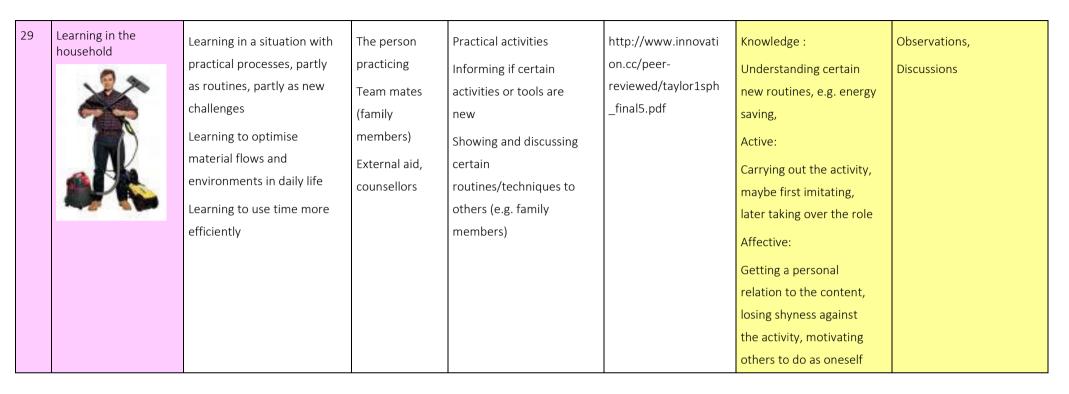


ふいた	The family constitutes the first important learning environment for nearly all human beings. Even in modern societies with nuclear families and a highly developed formal education system the family's influence on cognitive and other aspects of personal development exceed any other by far. A specific theme here is intergenerational learning.	Family members with different roles	of the family is delivered by demonstration, explanation, rewards and	Nearly all families Specific projects: http://www.srep.ro/ basic-life/ http://www.clarefa milylearning.org/eve nts/2009/11/25/gru ndtvig_family_learni ng_training_for_trai ners	Knowledge: Understanding basic issues, repetition of certain issues, transferring into action Active: The whole spectrum from just perceiving, imitating to expertise on certain content matters Affective: Very basic affective competences are learnt in family life, Security and trust	Observations Diary

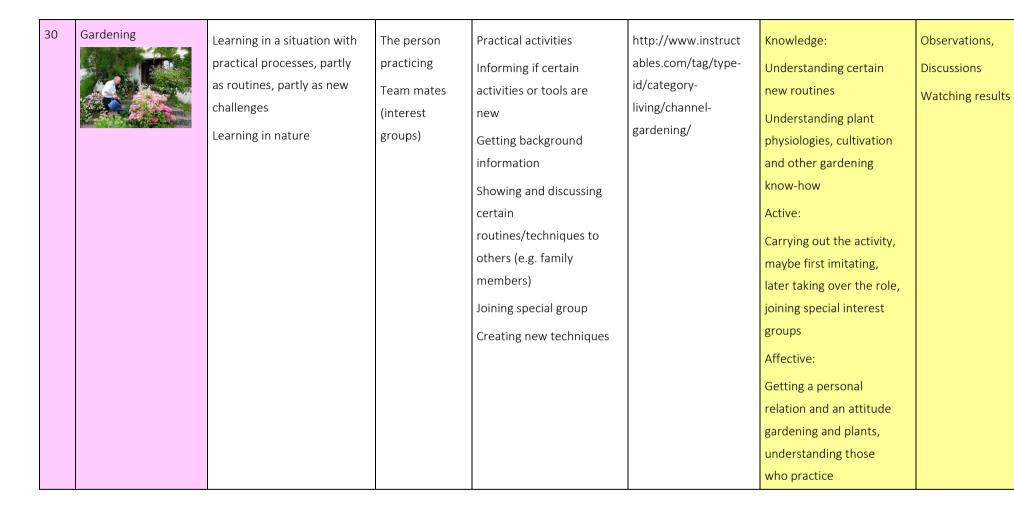














31



Learning in a situation with practical processes, partly as routines, partly as new challenges

The person practicing Team mates (interest groups)	Practical activities Informing if certain activities or tools are new Showing and discussing certain routines/techniques to others (e.g. family members) Joining special groups of like minded persons Creating new techniques	http://www.instruct ables.com/tag/type- id/category-living/	Knowledge: Understanding certain new routines Active: Carrying out the activity, maybe first imitating, later taking over the role, joining special groups Affective: Getting a personal relation and an attitude towards the new activity, understanding those who practice	Observations, Discussions Results
Co funded by	R2.4 Informal Learnin	z Patterns		







6. ILP in Civic Life	2					
32 Neighbourhood	Learning from others mostly in practical situations, also much exchange of opinions and interpretations. Neighbourhood activities are a very strong means to active citizenship	Neighbours coaches	Exchanging opinions, discussions, common leisure time activities, if coached, more developing activities networking	CESO Ge's Barbecue In 2005 the Dutch government appeals to social organisations to propose ideas to stick together to approve the social cohesion in the communities of the cities One of these social organizations is LSA, a national union of collaboration of "attention neighborhoods" (deprived neighborhoods).	Knowledge : Understanding certain new routines Active: Carrying out the activity, maybe first imitating, later taking over the role, joining special groups Affective: Getting a personal relation to the content, losing shyness against the activity, motivating others to do as oneself	Observations, Discussions





Learning in social contexts from and with others in a Leaders situation of common values (Priests. with common ethical and behaviour codes against the background of common beliefs The value of this kind of specific learning is entirely determined by our own values and beliefs. There may be a blend of religious and civic goals, themes and activities.

Practicing common Community rituals and behaviour codes Imams etc.) Praying and worshipping as an act of Persons on a reinforcement of the hierarchical theoretical background position with Convincing and functions persuading others Talking about and reinforcing specific rituals Discussing community life Planning of common activities in order to practice the religion (e.g. helping the poor, common excursions)

http://www.virtualb ibleschool.com/Bibl eStudy.htm http://muxlim.com/ blogs/AmericanMusl imMom/makeramadan-learningfun/ http://chavarah.blo gspot.com/

Knowledge: Observations, Knowledge about Diaries contents, backgrounds Number of participants and ethics of a certain in religious events religion Active: Actively practicing the religion in a specific community Affective: Empathy with people of the same religion and potential beneficiaries of the same, Imitation of rites, regulating others and oneself for the sake of the religion







34 Political community	Learning in social contexts from and with others often in a situation of different values but common duties.	Members of the political communities Leaders Persons on a hierarchical position with specific functions Debaters Political opponents	Debating, Discussing Reading (political programmes) Developing (agendas, programmes, positions to civic themes) Advertising programmatic points of the Self-organisation Planning of common activities for the sake of the community and for the civitas (town, region, nation, Europe)	Political parties: http://www.globalgr eens.org/platforms http://www.libdems .org.uk/home.aspx http://conservativeh ome.blogs.com/	Knowledge : Knowledge about contents, backgrounds and ethics of a certain civic problem or political theme Active: Actively participating in a political party or movement Affective: Change of perspective, empathy for the situation of the other, regulating others	Observations, Questionnaires Diaries Number of participants in political events
------------------------------	---	---	---	--	--	---



35	Political/Civic movementLearning in a political movement outside the mainstream political parties.Political/Civic movementOften influenced/established by a political decision which is interpreted being against the will of the people.	Citizens Politicians Administratio n Different interest groups Civic leaders	Debating Discussing Developing campaigns Active influences Blocking Conflict solving	Stuttgart21 Anti Atomic power plants	Knowledge : Knowledge about contents, backgrounds and ethics of a certain civic problem or political theme Active: Actively participating in a movement Affective: Change of perspective, empathy for the situation of the other, regulating others	Observations Number of participants in political events
----	--	---	---	--	--	---



35	Manifestations	Manifestation of opinions, of showing social problems to other people, often with banner or similar devices	demonstrator s spectators	information, clarification	Knowledge: Knowledge about contents, backgrounds and ethics of a certain civic problem or political theme Active: Actively participating in a political party or movement Affective: Change of perspective, empathy for the situation of the other,	Observations Number of participants in political events
					situation of the other, regulating others	



37	Nature trail "Lehrpfad"	Arrangements of nature objects, as for example trees in a certain order of species and replenished with inscriptions on boards.	producer, developer, visitor, guide, expert, scientist	viewing, reading short explanations, walking to objects, trying out	KLIMZUG project Water-forest trail Youth project in Göttingen	Knowledge : Understanding the natural extract through the inscriptions in combination with the exhibits Active: Moving from one exhibit to the other, trying out Affective: Understanding the exhibit in its natural surrounding and getting a relation to it	observation, task solutions, questions/answers, discussion, group discussion, essay,
----	----------------------------	---	---	---	--	--	---





7. IL	P in Professio	onal or Educationa					
	School (extra- curricular)	Schools always have an aspect of community besides the instructional reasons. Pedagogcal reformers often have stressed upon this more than on the instructional reasons of schools Specific projects outside the school curriculum, be it environmental, climate or European issues or others (like health prevention and intervention etc.)	Students Teachers Counsellors Parents External experts	Gathering information Planning, developing Campaigning Monitoring, checking Exchanging Discussing Learning by doing Project learning	www.jem-eu.org	Knowledge: knowledge and understanding on the theme Active: Actively participating in proposed activities (imitation) or developing new activities Affective: Perspective change: getting an attitude towards the theme or other persons related to the topic, regulating/influencing others	Observations Learning diaries Events



39	Work space	Besides partnership and family this domain is the most important for most adult persons. The daily work offers always new challenges and needs also for new solutions. The non-formal part of the learning may be delivered in VET and continuous education/training Assessing the given competences is the main topic of the "Validation of Informal Learning" as it is understood by the EU- COM	Employers Employees Team mates Trainers HR managers Clients	Interacting with other professional groups, subordinates and clients	Leonardo ECVET projects take a look at the VIP website to learn more about VINFL in regard to VET. www.vip-eu.org	Knowledge : Understanding basic issues, repetition of certain issues, transferring into action Active: The whole spectrum from just perceiving, imitating to expertise on certain content matters Affective: Perspective change for team mates	All possibilities from formalised to rather informal learning assessments like: Test Observations Measurements against standardised reference systems
----	------------	--	--	--	---	--	---

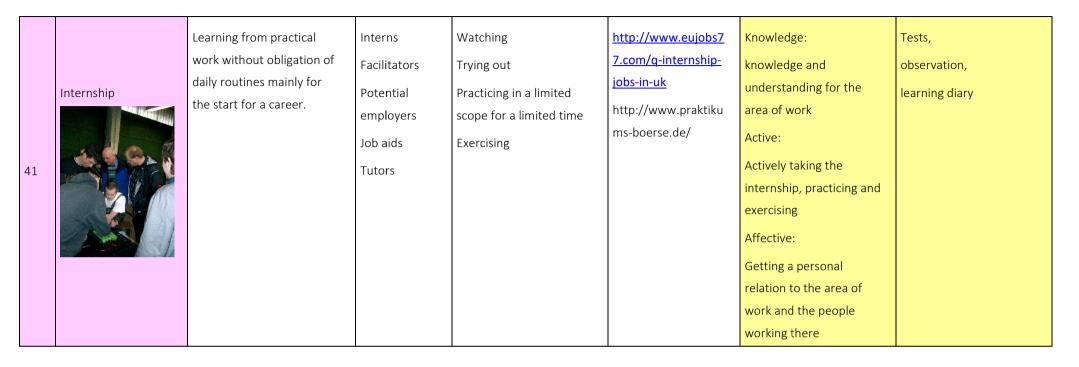


COOL

40 Student exchange	other countries and cultures	Students (guests and hosts) Parents Teachers	Exchanging Discussing	www.etwinning.net	understending for the	Observations Learning diaries Questionnaires
------------------------	---------------------------------	--	--------------------------	-------------------	-----------------------	--

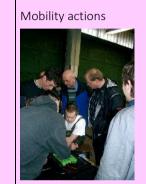


CODL





ורחח



42

Job orientation in

Learning from practical work without obligation of daily routines mainly for orientation purposes And specifically in EU mobility actions: Learning while moving in unknown territory (this is not restricted to geography)

Interns

Job aids

Tutors

Funding

bodies

Intern

learner

Guide

Watching Facilitators Trying out Practicing in a limited Potential scope for a limited time employers Exercising Researching Communicating Explaining own background Participating in other life Exchange situations counsellors

VILMA Knowledge: IdA projects in knowledge and Karlsruhe and Göttingen area of work Active: Actively taking the exercising Affective: Getting a personal relation to the area of work and the people

working there

observation, understanding for the learning diary internship, practicing and

Tests,

COOL - PROJECT 2021-1-DE02-KA220-ADU-00002668



43	Job shadowing	A short stay with a partner organisation in another country to exchange good practice, acquire skills and knowledge and develop partnership. Job shadowing activities can be supported by the Youth in Action Programme under action 4.3	Interns Facilitators Potential employers Job aids Tutors	Watching Trying out Practicing in a limited scope for a limited time Exercising	http://www.slidesha re.net/AncaDudau/a nca-dudaaus- jobshadowing- grundtvig-visit-in- academia-cordoba http://www.grundtv ig.org.uk/casestudy. asp?itemid=92&ite mTitle=Job+Shadowi ng+in+France§i on=000100010039& sectionTitle=Project s+Around+the+UK	Knowledge: knowledge and understanding for the area of work Active: Practicing and exercising, imitating, developing Affective: Getting a personal relation to the area of work and the people working there	Tests, observation, learning diary
----	---------------	---	---	---	---	---	--





44	Collaboration in European projects	Learning in a European partnership that gathers partners who collaborate to achieve a common objective	Project partner, manager, moderator, evaluator	Listening to others, Sharing common objectives Discussing Collaborating	All LLP projects but also other EU programmes www.vip-eu.org	Knowledge: knowledge and understanding for the area of work Active: Practicing and exercising, developing Affective: Perspective change, regulating oneself	Questionnaires Interviews observation, learning diary
----	---------------------------------------	--	--	---	---	--	--





45 Conference	Learning in a situation with new impetus from other stakeholders, common decision processes	official, colleagues partners presenters organisers minute takers	listening, arguing, contributing	REVEAL active conferencing	Knowledge : Understanding the theme of discussion Active: Actively participation, bringing in own arguments, creatively contributing to the success of the theme Affective: Creation of understanding for the viewpoints of others	Observations questionnaires discussions minutes
---------------	--	--	-------------------------------------	-------------------------------	--	--



46	Teamwork Image: Comparison of the second s	Learning in a situation with common production processes, learning in interdisciplinary or transnational teams A special form is the "tandem" situation, where to persons undertake something (travel, e.g.) and share experiences.	colleagues team-mates subordinates coordinators specialists partners	discussing cooperating producing negotiating learning from each other networking	Work groups VIP-project www.vip-eu.org	Knowledge : Understanding the theme of discussion Active: Actively participation, bringing in own arguments, creatively contributing to the success of the <i>theme</i> Affective: Creation of understanding for the viewpoints of others	Results of the work Observations Check in VIP
----	---	--	---	---	--	---	---





8. I	LP Related to	ІСТ					
47	Computer	Learning with PC in general and offline (the "old fashioned way") .CBTs provided on CD or copied on the hard drive. Different methodologies, e.g. observations, games, quiz etc. But also pure practicing on the computer can be seen as self related learning	author, learner, teachers and developers content providers designers	reading, viewing, acting, following certain procedures	ECDL; European Computer Driving Licence Foundation www.ecdl.com	Knowledge : Knowledge and Understanding on the theme Active: Imitating, practicing Affective: Losing reluctance against the PC, regulating oneself to practice	direct results of practicing observation, tests, quiz
48	Website	Learning from a special website, dedicated to a distinguished topic, search the web to find get specific information, looking for keywords, specifically provided learning contents (specific learning sites)	author, learner, teachers and developers content providers designers	reading, viewing, information/products can be exchanged Interacting	Any website: http://www.doityou rself.com/ http://www.diynetw ork.com/	Knowledge: Knowledge and Understanding on the theme Active: Gathering information Affective: curiosity	test, essay, discussion, observation of activities





"In general, an ePortfolio is author. a purposeful collection of viewer, information and digital content artifacts that demonstrates providers development or evidences learning outcomes, skills or competencies. The process of producing an ePortfolio (writing, typing, recording etc.) usually requires the synthesis of ideas, reflection on achievements, selfawareness and forward planning; with the potential for educational, developmental or other benefits. Specific types of ePortfolios can be defined in part by their purpose (such as presentation, application, reflection, assessment and personal development planning), pedagogic design, level of structure (intrinsic or extrinsic), duration (episodic or life-long) and other factors." Co-funded by the European Union http://www.eportfolios

uk/definition

Reading other persons' profiles Development of own profile interlinking persons with same interests, Interconnecting with like minded persons. There are different formats of e-Portfolios, some may e.g. offer space to present pieces of work

1

blinc ePortfolio http://www.blinceu.org/elgg/ http://www.diynetw ork.com/ Active: http://www.eportf olios.ac.uk/EPICS Affective: http://www.danwil ton.com/eportfolios

Knowledge: test, essay, discussion, Knowledge and observation understanding on the technology Gathering and preparing and delivering information Curiosity of other peoples profiles

			[1		
		Learning from a special	author,	reading, viewing,	http://meltingpod.fr	Knowledge:	discussion,
		auditive website, dedicated	learner,	information/products	ee.fr/		
		to a distinguished topic	teachers and	can be exchanged		Knowledge and	observation of reactions
				Call DE EXCIIAIIREU	http://annie.viglielm	Understanding on the	and other postings
		Wikipedia:	developers	Interacting	o.free.fr/	theme	
			content	search the web to find	http://education.po	Active:	
		A podcast (or non- <u>streamed</u> webcast) is a series of digital	providers	get specific information,	dcast.com/		
		media files (either audio or	· • • • • • • • • • • • • • • • • • • •			Gathering information	
		video) that are released	interviewers	looking for keywords,	www.podcast.com	Affective:	
		episodically and often		specifically provided		curiocity	
		downloaded through web syndication. The word usurped		learning contents		curiosity	
		webcast in common vernacular,		(specific learning sites)			
		due to rising popularity of the <u>iPod</u>					
		and the innovation of web feeds.					
		The mode of delivery differentiates podcasting from other means of					
		accessing media files over the					
		Internet, such as direct					
		download, or <u>streamed</u>					
50	Podcast	webcasting. A list of all the audio or video files currently associated					
50	· Subust	with a given series is maintained					
		centrally on the distributor's server					
		as a <u>web feed</u> , and the listener or					
		viewer employs special <u>client</u>					
		application software known as a <i>podcatcher</i> that can access this					
		web feed, check it for updates, and					
		download any new files in the					
		series. This process can be automated so that new files are					
		downloaded automatically. Files are					
		stored locally on the user's					
		<u>computer</u> or other device ready					
		for <u>offline</u> use, giving simple and convenient access to episodic					
		content. $\frac{[1][2]}{[2]}$ Commonly used audio					
		file formats are Ogg Vorbis and					
		MP3. In many respects, this is	Co-funded by the European Union	R2.4 Informal Learnin	g Patterns Page 49		
		closer to traditional publish	ale colopean onion		1 age 49		
		I IDDOOLE OCCODIDIOD WITH BOOKE OND					



51	Video-Casting	Learning from an interlinked video repository, dedicated to a distinguished topic, be it musical, videographic, political etc.	Listener developers content providers designers up-loaders	reading, viewing, information/products can be exchanged, interlinked search the web to find get specific information, looking for keywords, specifically provided learning contents (also specific learning sites or features)	www.youtube.com Youtube may be used to upload own small documentations and interlink them with the own website	Knowledge: Knowledge and understanding on the theme Active: Gathering information, contributing (uploading) Affective: Curiosity, perspective taking	Questionnaires, results in the programme observation of reactions and other postings discussion, observation of activities
52	Online Communities	An online community gathers stakeholders who share the same interest or targets.	Editors, moderators, users authors	Reading, watching, discussing, exchanging, sharing, recommending gathering with likeminded persons	REVEAL XING	Knowledge : Less important Active: Gathering information, contributing (uploading), Affective: Curiosity, perspective taking,	Questionnaires, results in the programme observation of reactions and other postings discussion, observation of activities



53	WIKI	Learning via reading an Online encyclopaedia, holistic learning, Knowledge base on a specific issue (e.g. the	Authors, readers, editors	Reading, further reading (links), editing	eu.org/wiki/index.p hp?title=Main_Page	major impact on the cognitive dimension Knowledge: knowledge and understanding on the research and content matter Active: Editing, modifying and correcting the emtries Affective: 	Questionnaires Test
----	------	---	---------------------------------	--	---	--	------------------------



		A blog (a blend of the term	Bloggers	Collecting and organising	An edublog is a kind	major impact on the	Observations of the
		web log)[1] is a type of	Authors,	information	of <u>blog</u> written by	cognitive dimension	content included
		website or part of a	readers,	Discussing	someone with a	Knowledge:	Blogs used as Learning
		website. Blogs are usually	editors	Editing and commenting	stake in <u>education</u> .	knowledge and	diaries
		maintained by an individual			Examples might	understanding on the	
		with regular entries of			include blogs written	research and content	
		commentary, descriptions			by or for teachers,	matter	
		of events, or other material			blogs maintained for		
		such as graphics or video.			the purpose of	Active:	
		Entries are commonly			classroom	Only reading,	
		displayed in reverse-			instruction, or blogs	contributing or	
		chronological order.			written about	evendevelopment of an	
					educational policy.	own blog	
		Most blogs are interactive,			The collection of	Editing, commenting and	
		allowing visitors to leave			these blogs is called	Affective:	
		comments and even			the edublogosphere		
		message each other via			by some, in keeping	Understanding the	
		widgets on the blogs and it			with the larger	perspective of other	
	Blog	is this interactivity that			blogosphere,	bloggers (much less	
54	0	distinguishes them from			although that label is	important)	
		other static websites			not necessarily		
					universally agreed		
					upon. (Others refer		
					to the community or		
					collection of blogs		
					and bloggers as the		
					edusphere.)		
					Similarly, educators		
					who blog are		
		J-00002668	Co-funded by the European Union	R2.4 Informal Learnin	g Patterns sometimes called		
		· · · · · · · · · · · · · · · · · · ·	The second second second		edubloggers.		



55	Online Help	An online help is a variation of a technical manual in IT and websites. It is a context sensitive help, that shows up and explains issues that are just active in a software application.	Author User designer	Reading while applying the software.	LEVEL5 online help	Knowledge	Tests Questionnaires Observations
----	-------------	---	----------------------------	---	--------------------	-----------	---

9. ILP on mobility

I	۷o	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
	Travelling	Travelling consists of multiple elements: decision of where to go, organisation and use of transport, deciding on the accommodation, creating a programme at destination, finding information as well as orientation in an unknown environment. It requires organisation and flexibility, as unforeseen events can happen at any time when somebody leaves his/her familiar action space. Beyond one gets insight into other countries and cultures having an impact on the personal	Participants, accompanying staff, hosts, guides, companion travellers, local residents	Excursion, organizing a trip, planning, getting information about destination, getting in contact to others in order to exchange experiences, anticipating what to expect and what will be needed for and during the trip, getting in contact to travel organizers or providers, photography, creating artworks	Knowledge: knowledge and understanding of aspects of the foreign country/surrounding reflection on what to expect Active: Actively moving in the foreign country/unknown surroundings, discovering new things, exploring, gathering information, exchanging with others, solving problems, communicating , searching	Readiness to be mobile, problem solving, autonomy, flexibility, self- reflection, virtual communication	Interview, test, evaluation of correspondence, questionnaire, observation, report, diary, self-evaluation



CODL

No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
2	Excursion	consciousness, which is described with a number of well known proverbs: "Travel teaches how to see", "He that travels far knows much", "Travel broadens the mind, and raises the spirits" An excursion is a visit to a place related to a topic of learning activity. The relevance is dependent on life situation and context. It may be a museum or a region (e.g. in regard to cultural competences), a visit to a town administration, etc. Dependent on the level of formality the excursion may be rather spontaneous or well planned including guides and other learning facilitators.	Organizer, supplier, receiving institution, participant, guide	Moving into unknown contexts, packing luggage according to destination and duration of stay, taking walks, gathering information on travel and topic, lectures, visits, discussions, video documentary, taking pictures, guided tours	Affective: Perspective change: getting an attitude towards the people in the visited country, gaining experiences/ self- confidence, experiencing a range of new feelings Knowledge: Understanding functionalities by an artificial haptic model, know how creation and deeper understanding Active: Trying out, activation, moving, watching, listening	Readiness to be mobile, cultural awareness, flexibility/adaptabilit y, intercultural communication	observation, questioning, tasks, reporting, discussion, photos, self- evaluation



COOL

No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
		Excursion is a form of travel, but mostly much shorter in time and distance to destination, also having a clear objective of what is happening at destination.			Affective: Curiosity, getting interested, getting a sense for different environments		
3	Video feature / documentarie s on foreign countries/cult ures	Documentaries show what it looks like in other places, how people live elsewhere, display conditions of life different from participants living context. Learning from videos happens by consuming it as well as by producing it	producer, trainer participants/vie wers	Selecting, watching, discussing, reporting, visualizing, doing further research, producing videos, contests	Knowledge: Understanding, forming a mosaic of knowledge- particles, analysing, comparing Active: Dreaming, discussing, researching, sharing Affective: Creation of curiosity, getting interested, motivation, conviction	Readiness to be mobile, cultural awareness, flexibility/adaptabilit y	observation, tasks like answering questions, creating posters or reports



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
4	Newscast, newspaper, magazines	Learning from print messages/texts. The contextualisation has to be established by the reader. Newspapers and magazines report about different aspects of life, esp. political, social, economic, cultural life with different time scopes: newpapers on current events, magazines concluding on longer term developments.	Publisher, author, distributor, reader	Reading, discussions with others about the articles, writing a reader's letter to the editor, creating posters or website contents, blogging, presentations , visualisations, contest	Cognitive : Understanding, forming a mosaic of knowledge- particles, analysing, comparing, contextualising Active: Reading, discussing Affective: Creation of curiosity, getting interested, motivation, conviction	Readiness to be mobile, cultural awareness, flexibility/adaptabilit y	Knowledge and understanding tests, questions, discussions, observation, reporting, self-evaluation
5	Book, written text, report	Learning from a book, knowledge gained from reading or studying rather than from practical	author, reader designer (if pictures or	Reading, taking notes, discussing, displaying information gathered, reporting to others, book	Knowledge : Knowledge, understanding, analysing, concluding	cultural awareness, self-reflection, self- reliance	test, essay, report, summary, discussion, visualisation, self- evaluation



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
		experience Narratives as well as nonfictional books. The first relates to "story telling" and arouses the reader's phantasy, the second to describing and/or discussing specifics of life in other environments. In difference to newspapers and magazines books have often less actuality but show their topics/information more broadly and deeply	graphics), sales person or stuff of library	summaries written or oral, recommending, literature research on defined topics, contest	Active: Reading, concentrating, reporting, further research, passing it on, self-reflection Affective: Perspective change, interest, empathy for persons in a book, motivation to learn/read more		



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
6	Role model, idol	Someone known personally or from media who inspires imitation by showing new/different ways of behaving, speaking, acting, Imitation is a fundamental form of learning (<u>Albert</u> <u>Bandura</u>). It takes place through passive observation or actively by provoking reactions which will then be imitated. Learning from a role model is rather complex, it implies not only opinions, argumentations etc. but also ways of expressive behaviours, like moving, making gestures etc.	Idol/role model, observer/learne r	Observation, role plays, interviews, imitation, drama, contests	Knowledge: Knowledge of variety of behavioural patterns, evaluating different approaches Understanding and knowledge creation rather as side effect Active: Evaluating, imitating Affective: Perspective taking, inspiration, admiration, envy	Readiness to be mobile, problem solving, intercultural communication, self- reliance, flexibility, networking, teamworking, intercultural communication	Interviews, self- evaluations, questions, comparisons, observation
7	Small talk	Small talk is a form of communicating with people one doesn't know very well on random topics. It requires finding common interests and serves to fill	Strangers, people one hardly knows, colleagues, anyone, customers, employers	Courses, conferences, meals in groups, breaks during meetings, online chats, in the street, supermarkets, in transport, generally can happen anywhere	Knowledge: Knowledge and opinion exchange, new information, knowledge and reflection about life and situation of others	Networking, teamworking, self- reflection, intercultural communication, flexibility	Observation, diary, questionnaire, interviews, self- evaluation



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
8	Living in a group/flat share	breaks and happens on informal occasions. It helps getting to know each other and to create trust. It mostly stays superficial but can be the start for a deeper exchange or acquaintance. People sharing a flat or room. Therefore it's necessary to communicate about the ways and needs of living together, respecting each other's needs, solving conflicts and sharing resources. A certain amount of trust is necessary to live together.	Friends, strangers, host families, peers	Keeping the flat/apartment/house clean, time scheduling, shopping food, searching for an accommodation, communication or conflict training, talking to eachother, cooking	Active: Approaching unknown people, finding topics of common interest Affective: Openness towards others, motivation to get in contact, empathetic concern Knowledge: Knowing needs of oneself and others, understanding that respect is required, knowing aspects of impendent life (e.g. paying rent, contracting,), knowing communication strategies	Teamworking, intercultural communication, problem solving, self-reliance, flexibility	Observation, photos, videos, questionnaires, interviews, reports, self- evaluation





No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
•					Active:		
					Deciding on and fulfilling tasks and timing,		
					behaving respectful, communicating,		
					recognizing and solving		
					conflicts, managing resources, ability to		
					adapt, finding compromises		
					Affective:		
					Being motivated to get along well, accept		
					compromise, feeling comfortable		



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
9	Social networks	Social networks are virtual tools of communication with indefinite spacial range, varying from near to very far, thus also for communication across cultural borders. They serve to exchange information about any topic of interest and contribute greatly to a global society. Depending on the system used (facebook, google + etc.) specific technical skills and an understanding of the functioning of the system is required. These networks experienced a tremendous boom in recent years, leading to ambivalent effects on personal relationships, society and communication patterns.	Anyone who has access to computers	School, private life, workplace, university, cooperations. enterprises, civic and political initiatives, promotion, private networks, discussions, information exchange, support	Knowledge: Technical knowledge, understanding of functions and information transmission, knowing of critical aspects and dangers (eg. Computer worms and viruses), knowing one's purpose of using it, knowing rules of respectful virtual communication Active: applying social networks, using a range of functions, communicating, time management	Readiness to be mobile, problem solving, intercultural communication, intercultural awareness, self- reliance, flexibility, self-reflection, virtual communication	Observation, photos, videos, questionnaires, interviews, reports, self- evaluation, discussions



COOL

No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
10	Job search	To find a job is a complex task with no formalised approach. It is rather an individually developed strategy in line with general recommendations and experiences. It comprises self-reflection, research skills and clarity of ones own capacities and expectations/goals, what opportunities are available, in which region one looks for work and setting up an adequate strategy. Further it's necessary to retrieve, structure and select information before getting	Participant, family, friends, suppliers of information	Often part of mobility projects with focus on employability: Courses or classes in school, research, games and exercises	Affective: Motivation to exchange, openness towards new techniques, interest, appreciation Knowledge: Having an idea of one-s own abilities, goals and priorities, knowing sources of information and research methods, strategic thinking Active: Planning, structuring information, self- directed acting, developing strategies	Problem solving, self-reliance, flexibility, networking, self- reflection, teamwork	Observation, report, questionnaire, interview, discussion, presentation, self-evaluation



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
11	Job application	into the application process. Also one has to know sources of information, which can be formal like newspapers and databases, but informal as well, like asking among ones social contacts. The application process itself is a complex task which requires a number of abilities by the applicant. Applying for a job is a formal or informal declaration of interest and readiness of the applicant towards the offerer of the job. It includes setting up the contact, offering information about ones abilities and interests in a competitive situation with other applicants one doesn't know. Application can be either in a written form or orally by making phone calls or talking to the offerer directly.	Applicant, offerer of job, supporters	Courses or classes in school, research, games and exercises, phone talks, interviews, writing texts, presentations	Affective: Interest, motivation and self-discipline in order to find a job, optimism to have a chance Knowledge: Having an idea of ones abilities, goals and priorities, knowing methods of self- presentation, strategic thinking, knowing expectations of offerer, codes of conduct Active: Planning, structuring information, self- directed acting, developing strategies, communication, asking	Problem solving, readiness to be mobile, intercultural communication/awa reness, self-reliance, flexibility, self- reflection, virtual communication	Observation, assessment centres, report, questionnaire, interview, discussion, presentation, self-evaluation



COOL

No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
12	Diary	A diary is a very personal document. One writes about own experiences and feelings, reflecting on events, interactions and philosophical questions. It helps to get rid of inner constraints and gain clarity on questions one is moved by. Normally a diary is secret.	writer	Travelling, excursions, visits, culture events, courses etc. can be occasions for adding entries to a diary	Affective: Interest, motivation and self-discipline, optimism to have a chance, courage to face failiure Knowledge: reflecting, analysing, understanding, questioning Active: Trying out new ways Affective: Inner calmness, awareness, motivation, self-confidence	Intercultural communication, teamwork, networking	Self-evaluation
13	Manual work In inter- generational teams	During the voluntary projects, seniors cooperate with their peers (senior and youth) to achieve a goal, often the restoration of infrastructures, cleaning	Project coordinator, international volunteers, local	Learn how to use new working tools, coping with physical challenges, expressing needs, accepting	Knowledge If applicable: understanding a certain procedure/technique	Team work, self- awareness, flexibility, communication,	Observation and recording, self- evaluation, letter to one's self, interview,



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
		a green space, restoration of an old path, etc. The work can be physically challenging for seniors. It is done in teams, where cooperation and mutual support play an important role.	volunteers	limits, pursuing a concrete and visible goal, adjusting to the rhythm of the group, supporting other volunteers in need.	Active Applying a certain technique, exercising Affective Developing personal relations to the team members	intergenerational cooperation, problem solving.	writing an article, SWOT
14	Organisation of a musical/art show	Volunteers often have the task to set up a public show for the local community. Depending on the volunteers skills, it can be a musical one, drama, circus, poetry, etc. Volunteers decide the content, plan and implement the show together, often in the framework of an existing festival or local celebration.	Project coordinator, international volunteers, local public, local coordinator assistants	Put ideas into practice, discover one own's skills and potential, valorize each person's role and potential, explain ideas to others, negotiate, adjust to other people's needs, try new roles, speak/act in public, speak/act in a foreign language, overcome unexpected difficulties, , stick to deadlines and a set timetable.	Knowledge Active Affective	Intergenerational cooperation, intercultural communication, flexibility, decision- making, problem solving, team work, diversity management.	Observation and recording, self- evaluation, letter to one's self, interview, writing an article, SWOT, telling a story



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
15	Playing with/Teaching to children	In teams, volunteers plan and implement entertaining activities for local children. It can be a one-day event or an ongoing activity (e.i. every afternoon). Within the set framework (time and place), volunteers decide what activities to organise, choose and often create the needed materials, implement and evaluate the activity.	Project coordinator, international volunteers, local children, children's parent, local volunteers.	Put ideas into practice, discover one own's skills and potential, valorize each person's role and potential, explain ideas to others, negotiate, adjust to other people's needs, interact with children and youth, speak/act in public, speak/act in a foreign language, overcome unexpected difficulties, stick to deadlines and a set timetable.	Cognitive Active Affective	Intergenerational cooperation, intercultural communication, flexibility, decision- making, problem solving, team work, diversity management.	Observation and recording, self- evaluation, letter to one's self, interview, presentation, SWOT, telling a story



No	Pattern/name	Description	Actors	Related learning activities	Impact on 3D	Competences	Assessment
16	Group evaluation	During a short or mid term voluntary project, volunteers are required to participate in periodical evaluations, mostly done in the group. Depending on the project, they can be daily, or there is one interim and one final evaluation. Evaluations can be organized also whenever a problem arises within the group. They are usually called and facilitated by the project coordinator.	Peer volunteers, project coordinator	Understanding and expressing own needs, visualize/verbalize emotions. reviewing past activities, reflecting on one own's learning, active listening, communicate in a foreign language, participate in a non formal education activity, empathizing with others.	Knowledge	Self-reflection, intercultural communication, Evaluating/reflecting , team work, intergenerational cooperation	Painting, using objects as symbols, self-evaluation, letter to one's self, interview, writing an article, SWOT, telling a story.





xx	Please		Knowledge	
	discover /			
	describe your			
	own patterns		Active:	
			Affective:	





